



Study Like a Pro

Want to ace that test you have next week? These study strategies set top students apart because when done correctly will allow for maximum focus and success.

Have a designated study space. Find a library, nook, or table in a quiet area where you can sit and not be distracted.

Put the phone away. It is hard to ignore a ding, buzz, or tweet so by turning it off or putting it on "do not disturb" you will be able fully concentrate on your studying.

Fuel your mind. You will be more motivated and alert if you study on a full stomach. Have a snack or a meal before you dive in. Also, drinking water is important too.

Stay organized. Have a plan on what you need to accomplish and how much time you are going to spend on that task.

Take notes. Jot down notes like important facts, statistics, and key takeaways to help you retain the information you've just read.

Turn your notes into flashcards. Creating flashcards helps you remember words or concepts from scratch. They are also a helpful practice for self-study, since they allow you to test yourself, meaning you don't need to rely on someone else to quiz you.

Split up your work. Don't overwhelm yourself! Separating your study materials into more manageable parts will make it easier for you to master the entire task.

Review constantly. Studying a little each day will help make the process less overwhelming and aid in better results.

Quiz yourself. Testing yourself along the way will help you find your weak spots so you can strengthen those areas right away. You can ask your teacher for a practice test or create your own.

Think positively. Have a good attitude and allow the studying to a fun activity.